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Clenbuterol Induces Cell Cycle Arrest in C2C12 Myoblasts by Delaying p27 Degradation through β-arrestin 2 Signaling

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Abstract

 β_2 -Adrenoceptor (β_2 -AR) agonists promote muscle growth. The aim of this study was to elucidate some effects of the selective β_2 -adrenoceptor agonist clenbuterol (CLB) on myoblast proliferation. We found that CLB induces cell cycle arrest in C2C12 myoblasts. This effect is partly due to the enhanced stability of p27, rather than the increased gene transcription via cAMP response element-binding protein (CREB). Specifically, CLB treatment enhanced the accumulation of p27 in the nucleus while depleting it from the cytosol via a mechanism that requires β_2 -AR. Surprisingly, p27 accumulation was not reversed by the protein kinase A (PKA) inhibitor H-89, but interestingly, was alleviated by the knockdown of β -arrestin 2. Thus, our work provides a basis for β_2 -AR agonists inhibit myoblasts proliferation through signaling via β_2 -AR, β -arrestin 2, and p27.

Key words: clenbuterol; p27; cell cycle; β_2 -AR; β -arrestin 2.

Introduction

The balance between protein synthesis and degradation is precisely regulated in muscle cells [1-4]. Hypertrophy is the cumulative effect of increased protein synthesis, suppressed protein degradation, or both [5-7]. CLB, a well-known synthetic agonist of the β_2 -AR, has been shown previously to induce hypertrophy in both skeletal and cardiac muscles [8-11]. Thus, CLB has been investigated in various rodent models of dystrophy [12, 13], denervation [14, 15] and aging [16, 17], and its anabolic effects have been exploited to improve muscle function and reverse atrophy.

Genetic and pharmacological studies confirmed that these anabolic effects are mediated by β_2 -AR [11, 18]. Canonically, downstream signaling is triggered when activated β_2 -AR binds to G-proteins. In turn, the Ga subunit (Gs) enhances the synthesis of cyclic AMP (cAMP) and activates PKA and CREB. When excessive cAMP is produced, further signaling by G $\beta\gamma$ subunits maybe triggered, thereby activating the cascade controlled by phosphoinositol 3-kinase (PI3K) and protein kinase B (AKT) [5, 19]. Additionally, activated β_2 -AR can also trigger the MAPK pathway [20-22]. In summary, β -agonists can trigger signaling via many pathways that regulate protein metabolism [23-25].

Indeed, although the anabolic functions of CLB are well characterized, its potential role in muscle regeneration has not been fully explored. For example, the net effect of CLB on cell proliferation is unknown, because cAMP and extracellar signal-regulated protein (ERK) signaling have some opposite reports on cell proliferation [26-29]. Thus, it is of great value to investigate the effect of CLB on myoblast proliferation, a critical step in muscle regeneration, which progresses from activation of satellite cells to proliferation, differentiation, and fusion with each other or with existing fibers [30]. C2C12 are murine myoblast derived from satellite cells and cycling myoblasts are comparable to activated satellite cells in muscle fiber [31]. Here, we examine proliferation of C2C12 myoblasts in response to CLB treatment. We show, for the first time, that CLB induces cell cycle arrest by repressing p27 degradation, via a pathway that depends on β_2 -AR and β -arrestin 2.

Materials and Methods

Cell culture, cell synchronization and transfections

C2C12 and A204 cells were purchased from Cell Resource Center, China. C2C12 and A204 cells were cultured in Dulbecco's modified Eagle's Medium (DMEM) and McCoy's 5A (Modified) medium, respectively, each with 10% fetal bovine serum (FBS). Media were supplemented with 1% penicillin and streptomycin. Both cell lines were cultured at 37°C in a humidified atmosphere containing 5% CO₂. C2C12 cells were synchronized in G0/G1 by serum starvation for 24h-48h and then stimulated to enter re-addition the cell cycle by of serum. Synchronization was monitored by flow cytometry.

C2C12 cells were transfected with 3 μ g plasmids or 50 pmol siRNA using Nucleofector 2b device (Lonza,Germany) according to the manufactures' instructions.

Materials

CLB (Sigma-Aldrich, C5423); H-89 (Beyotime, S1643); cycloheximide (Beyotime, S1560); β_2 -AR siRNA (Santa Cruz, sc-39867); β -arrestin 1 shRNA (Origene, TG510701); β -arrestin 2 shRNA (Origene, TF517061). p27 siRNA (si-P, si-8, and si-10) and control siRNA (siNC) were synthesized by Shanghai Genepharma Co., Ltd. with the following respective sequences: 5' ACGTAAACAGCTCCGAATTAA 3', 5' GGUGCCUUUAAUUGGGUCUTT 3', 5' GGCCAAC AGAACAGAAGAATT 3', 5' UUCUCCGAACGUGU CACGUTT 3'.

Western Blotting

Western Blotting analysis was performed as described previously [32]. Total cell extracts were lysed in cell lysis buffer (Beyotime, P0013), and the lysates were centrifuged at 12,000 rpm for 10 min at 4°C. Samples containing 30 µg protein were loaded on SDS-PAGE gels and transferred to PVDF membranes. Membranes were blocked with 5% nonfat milk or BSA and probed with primary antibodies and horseradish peroxidase-conjugated secondary antibodies. Blots were developed with lumi-light Western blotting substrate detection reagents (Roche, 12015200001). Nuclear- and cytoplasmic-enriched fractions were prepared using Nuclear-Cytosol Extraction Kit (Applygene, P1200), according to manufacturer's instructions. Western Blotting analysis was performed using the anti-p27 (Cell Signaling Technology, 3698S), anti-CREB (Cell Signaling Technology, 9197L), anti-phospho-CREB (Ser133) (Cell Signaling Technology, 9198L), anti-S-phase kinase-associated protein 2 (Skp2) (Cell Signaling Technology, 4313S), anti-CDK2 (Cell Signaling Technology, 2546S), anti-Cyclin E1 (Cell Signaling Technology, 4129S), Signaling PARP (Cell Technology, 9532S), anti-GAPDH (Cell Signaling Technology, 2118L), anti-β-arrestin 1 (Abcam, ab32099), anti-β-arrestin 2 (Abcam, ab54790), anti-tubulin (Beyotime, AT819), anti-cyclin D3 (Beyotime, AC856), anti-p21 (Beyotime, AP021).

Cell Viability

Briefly, 500 C2C12 cells in culture media were plated in 96-well plates, and incubated for 12 h to allow complete attachment. After attachment, CLB prepared in water was added to a final concentration of 0-200 μ M. Plates were incubated at 37°C for 2 h, and viability was measured by Caspase-Glo8 Assay (Promega, Cell Titer 96 Aqueous one solution), following manufacturer's protocol.

Flow Cytometry

Cell cycle distribution was performed [33] with slight modification. Cells were harvested, washed with PBS, and fixed with 70% ethanol. Cells were then resuspended in 300 μ l PBS, treated with 100 μ g/ml RNase A and 0.2% Triton X-100, and incubated at 37°C for 30 min. Finally, samples were treated with 50 μ g/ml propidiumiodide (Sigma-Aldrich, P4170) and incubated at room temperature for 30 min in the dark. For each sample, 10,000 cells were analyzed for DNA content in the FL2 channel using FACSCalibur platform (BD Science, USA).

BrdU Incorporation and Immunofluorescence

Cells were synchronized after cultured in serum free medium for at least 24 hours. Then they were released in DMEM with 10% FBS and treated with 10 or 100 μ M CLB for 12 h. In the last 2 h of treatment, the cells were labeled with 5-Bromo-2-deoxyUridine (BrdU) (Sigma-Aldrich, B5002) at a final concentration of 10 μ M. The experiments were performed [34] with slight modification. Cells were then fixed with 4% paraformaldehyde and permeabilized. Subsequently, samples were treated with 2 M HCL for 30 min, and then with 0.01% trypsin for 12 min at 37°C, washing with PBS after each step. After blocking, the slides were incubated overnight at 4°C with anti-BrdU (Sigma-Aldrich, B2531) diluted 1:1000 in PBS. After washing with PBS, the cells were incubated with fluorescently labeled goat anti-mouse immunoglobulin G (Invitrogen, A-11032) diluted 1:400 in PBS. Finally, the cells were incubated with DAPI for 5 min and then washed with PBS. Control excluding primary antibody was negative. The proliferation rate was calculated as the ratio between cells stained with BrdU and those stained with DAPI.

To label p27, the cells were first fixed with 4% paraformaldehyde for at least 20 min, and then permeabilized for 5 min with a solution containing 0.5% Triton X-100. After blocking, the cells were probed at 4°C over night with 1:400 dilutions of primary antibodies. After washing with PBS three times, the cells were incubated with Alexa 488-labeled goat anti-mouse immunoglobulin G (Invitrogen, A-11034). Nuclei were counterstained with DAPI, and images were taken with AMG EVOS fluorescence microscope.

RNA Analysis

Total RNA was isolated with TRIZOL reagent (Invitrogen, 15596-026) and reverse transcribed into cDNA using oligo-dT primers. Levels of p27, Skp2 and GAPDH mRNA were measured by real-time PCR, using appropriate primers. PCR primers used 5'-GGGTTAGCGGAGCA were the following: GTGTC-3' (forward) and 5'-GGGAACCGTCTGA AACATTTT-3' (reverse) for mouse p27; 5'-GCTAAGCAGCTGCTCCAGACT-3' (forward) and 5'-AGGTTGGGGCATCGTTTAATT-3' (reverse) for mouse Skp2; 5'-AGGTCGGTGTGAACGGATTTG-3' (forward) and 5'-TGTAGACCATGTAGTTGAG GTCA-3' (reverse) for mouse GAPDH.

Statistical analysis

Results are reported as mean \pm SD or mean \pm SE as indicated. Data were analyzed by Student's t-test using SPSS 16.0, and p < 0.05 was considered statistically significant.

Results

CLB induces cell cycle arrest in C2C12 cells

Although isoproterenol, a widely used β_2 -AR agonist, was reported to induce cell proliferation in HEK293 cells [35], the effect of β_2 -AR agonist has not been fully studied in the myoblasts. To assess whether CLB interferes with cell proliferation, we first measured its effect on cell viability. We found the viability of C2C12 myoblasts to be decrease when

treated with 10-200 μ M CLB for 24 or 48 h (Fig. 1A). Furthermore, we monitored cell cycle progression for 24 h after synchronized C2C12 cells were released in 10% fetal bovine serum (data not shown). We found an increase in the proportion of cells in G₀/G₁ phase after exposure to CLB for 12 h through flow cytometry assay (Fig. 1B). These results suggest that CLB treatment delays cell cycle progression. Moreover, we observed a significant decrease in DNA synthesis after 100 μ M CLB treatment, as measured by BrdU incorporation (Fig. 1C). In a similar manner, CLB also inhibited DNA synthesis in skeletal muscle cells derived from human rhabdomyosarcoma A204 (Fig. S1).

To rule out the possibility that cell apoptosis followed cell cycle arrest, we examined levels of p21 and PARP. There was no significant increase in all these variables (Fig. 2A-B). Thus, CLB induces cell cycle arrest, but not apoptosis, in C2C12 myoblasts.

CLB-induced cell cycle arrest is due to accumulation of p27

To further understand how CLB modulates cell cycle progression, we examined the expression of proteins that regulate cell cycle progression, including cyclin D and E, CDK2, and CDK inhibitors. We found that levels of CDK2 and cyclin D3, and E1 decreased when synchronized C2C12 cells were treated with CLB for 12 h (Fig. 3A). In contrast, p27, a critical inhibitor of cyclins and CDK2, accumulated (Fig. 3A). These results are hallmarks of an inhibitory effect on cell proliferation.

We also checked the mRNA level of p27 by qPCR to test whether p27 accumulation was due to enhanced transcription. We found that p27 mRNA level was not significantly altered in response to treatment with CLB for 1 or 24 h (Fig. 3B).

It is well known that p27 regulates phase transition from G_1 to S. We knocked down p27 expression using siRNA. As a result, p27 mRNA was reduced to 40% after transfection with siRNA for 24 and 48 h (Fig. S2). Fig. 3C showed that p27 knockdown induced cell cycle arrest, however, CLB could also induce cell cycle arrest under p27 knockdown condition. These results suggest that the regulation of CLB for p27 may be regulated post-translationally.

CLB modulates p27 localization and degradation

As has been reported [36], p27 could be regulated post-translationally. In addition, the activity and localization of p27 to the nucleus or cytoplasm was tightly associated with post-translational modification. Thus, the cellular distribution of p27 was examined by Western blot. We found that treatment with CLB for 1 h resulted in a remarkable increase in p27 in the nucleus, accompanied by a modest decrease in the cytoplasm (Fig. 4A). Similar results were obtained by immunostaining (Fig. 4B), suggesting that CLB redistributes p27.

On the other hand, the stability of p27 has also been reported to depend on cellular localization [37]. Hence, we analyzed p27 stability in CLB-treated cells by using cycloheximide chase experiments. As expected, p27 levels decreased more slowly in cells treated with CLB for 1 h (Fig. 4C), clearly indicating that CLB inhibits p27 degradation.







Figure 2. CLB at a dose of 100 \muM does not induce apoptosis. (A) p21 is not significantly changed in cells treated for 1 h with 0 or 100 μ M CLB. GAPDH was used as loading control. Results are mean \pm SD from three independent experiments. *p* > 0.05. (B) PARP levels are similar in untreated and CLB-treated cells. Cells were treated for 24 h with 0 or 100 μ M CLB, and analyzed by Western blot to measure abundance of cleaved and uncleaved PARP. GAPDH was used to normalize PARP abundance. Results are mean \pm SD from three independent experiments. *p* > 0.05.

CLB enhances β_2 -AR internalization and requires β_2 -AR for activity

 β_2 -AR is required for the hypertrophy and anti-atrophy properties of CLB [11], and it is activated, internalized, and subsequently recycled after the administration of an agonist [38]. As shown in Fig 5A, we could find that CLB enhanced β 2-AR activation and internalization by immunofluorescence assays. To further evaluate the role of β_2 -AR, we knocked down β_2 -AR expression using siRNA. Consequently, we observed a reduction in the abundance of monomeric and dimeric β_2 -AR (Fig. S3). As shown, β_2 -AR knockdown blocked p27 accumulation (Fig. 5B) and cell cycle arrest (Fig. 5C), suggesting that β_2 -AR is required for CLB activity.

CLB stabilizes p27 via β_2 -AR/ β -arrestin 2 instead of Gs/PKA

Several groups have reported that CLB induces muscular hypertrophy and fiber type switching through a mechanism that requires β_2 -AR, Gs, cAMP, and PKA [18, 39]. We thus asked whether the CLB-induced p27 accumulation was mediated by PKA or Gs using H-89. H-89 is a potent selective inhibitor of PKA.

CREB is a critical transcription factor that is regulated PKA. We found that CREB activation was markedly enhanced by CLB, but inhibited after treated by the PKA inhibitor H-89 (Fig. 6A). To determine whether CLB-mediated regulation of p27 through PKA, C2C12 cells were treated with CLB and H-89. In addition, the suppression of PKA activity by 1-6 μ M H-89 also did not alter transcription of p27 (Fig. 6B). Unexpectedly, nuclear p27 still increased remarkably even when cells were exposed to H-89 prior to CLB treatment (Fig. 6C). Thus, accumulation of p27 does not require activation of PKA. Hence, an alternative signaling pathway is involved.

 β -arrestins are adaptor proteins with key roles downstream of β_2 -AR [40, 41]. To verify whether β -arrestins mediate p27 accumulation in response to CLB treatment, we silenced β -arrestin 1 and 2 by RNA interference (Fig. S4). Silencing β -arrestin 2, but not β -arrestin 1, blocked p27 accumulation significantly (Fig. 6D), indicating that β -arrestin 2 is required for this process.

Skp2 is well known as the regulator for p27 stability, which tags p27 for proteasome degradation [42]. We found that there was a significant decrease in the abundance of the protein level of Skp2 (Fig. 6E), suggesting that CLB enhances p27 stability by β -arrestin 2 and Skp2.

Discussion

CLB, a selective β_2 -adrenoceptor agonist, promotes skeletal muscle growth mainly by modulating protein synthesis and degradation [5]. In fenoterol addition, enhances skeletal muscle regeneration [43], an ordered progression from the activation of satellite cells to proliferation and finally differentiation. We have observed CLB to promote C2C12 myoblast differentiation in vitro (unpublished data), a process that naturally requires exit from the cell cycle. Here, we report that CLB treatment induces cell cycle arrest in C2C12 myoblasts. Thus, CLB appears to promote myoblast differentiation by forcing exit from the cell cycle, and thus stimulate muscle regeneration.

A previous report has demonstrated that the exogenous β_2 -AR agonist isoproterenol promotes cell proliferation during embryogenesis [44]. However,

the effects of CLB on the proliferation of muscle progenitor cells have not been clarified. Previous studies using autoradiographic techniques showed that CLB enhanced the proliferation of satellite cells in transplanted skeletal muscles [45]. However, a different report demonstrated that CLB did not affect proliferation in muscle-derived cells [46]. In our experiments, we found that CLB treatment induced the accumulation of p27 and cell cycle arrest in skeletal myoblasts. Thus, the effects of CLB appear to depend on cell type.

p27 is tightly regulated during proliferation and differentiation in myogenic cells. For example, p27 abundance is correlated inversely with proliferative potential in satellite cells [47-49]. During myogenesis, p27 is upregulated to ensure terminal growth arrest [50] and to promote differentiation [51, 52]. Indeed, our experiments show that p27 accumulation in the nucleus, along with decreased expression of CDK2, and cyclin D and E, contributes to cell cycle arrest.

Nuclear p27 is a critical cell cycle regulator and the G1/S transition in the cell cycle is regulated by the nuclear p27, which can bind to and prevent the activation of the cyclin and CDKs complex. Whereas cytoplasmic p27 regulates cell migration (Besson, 2008). So, the function of p27 associated with its localization. In our research, CLB changed the distribution of p27. In addition, CLB also attenuated the degradation of p27. However, it is unclear whether CLB regulates p27 via cAMP and PKA. Before checking the role of PKA, we found β_2 -AR is needed to regulate the cell cycle and p27 accumulation. However, the inhibitor of PKA pathway, H89, could not prevent the regulation of p27 in the C2C12. However, we showed that β -arrestin 2 modulated the translocation p27 through RNAi.



Figure 3. CLB increases abundance of p27, which is required for cell cycle arrest. (A) CLB exposure downregulates Cdk2 and cyclin D3 and E1, but upregulates p27. Synchronized cells were cultured with 10 and 100 μ M CLB for 12 h and harvested. Cell lysates were blotted and probed with antibodies against p27, Cdk2 and cyclin D3 and E1. GAPDH was used as loading control. Fold expression change is indicated below blots. (B) CLB treatment does not increase p27 transcription. C2C12 cells were exposed to 100 μ M CLB for indicated times, and p27 expression was measured by real-time PCR. Results are mean ± SD (n = 3). *p* > 0.05. (C) CLB induces cell cycle arrest under p27 knockdown condition. Synchronized cells were transiently transfected with p27 or control siRNA, treated with 100 μ M CLB for 8 h, and analyzed by flow cytometry. Data are mean ± SD (n = 3) from three independent experiments. *, p < 0.05.



Figure 4. Cellular localization and delayed degradation of p27 after CLB treatment. (A-B) CLB increases p27 in the nucleus and depletes it from the cytoplasm, based on Western blotting (A) and immunofluorescence (B). In (A), nuclear and cytosolic p27 were measured in C2C12 cells incubated with 100 μ M CLB for 1 h. H3 and GAPDH were used as loading controls for nuclear and cytosolic fractions, respectively. Results are mean ± SD from triplicate experiments. **, p < 0.01; ***, p < 0.001. In (B), synchronized cells were treated with 100 μ M CLB for 12 h, probed with anti-p27 antibody, and stained with Alexa 594-conjugated secondary antibody (red). DAPI was used to label the nucleus (blue). Scale bar, 50 μ m. Only p27 in the nucleus was quantified. Data are mean ± SD (n = 3). (C) CLB delays p27 degradation. C2C12 cells were incubated with 0 or 100 μ M CLB for 1 h and then treated with cycloheximide according to indicated times. p27 stability was examined by quantitative Western blot, results are mean ± SD from two independent experiments. **, p < 0.01.

It is well known that p27 stability is regulated mainly by phosphorylation, which induces degradation via the ubiquitin-proteasome machinery [36]. When Thr187 in p27 is phosphorylated in late G1 phase, a binding site is formed for the complex that contains Skp2 and E3 ubiquitin ligase [36, 53, 54]. Which tags p27 for proteasome degradation [42]. We found that the expression of Skp2 at the mRNA level was unchanged after CLB treatment (Fig. S4C). However, there was a significant decrease in the abundance of the protein (Fig. 6D), suggesting that CLB enhances p27 stability by reducing Skp2 through β -arrestin 2 pathway. Additional, β -arrestin 2 can participate in the regulation of Akt [55], and Akt could interact with and directly phosphorylate Skp2 [56]. So CLB may regulate the stability of p27 via Akt/Skp2 in C2C12 myoblasts.



Figure 5. β_2 -AR is required for CLB-induced p27 accumulation and cell cycle arrest. (A) CLB treatment relocalizes β_2 -AR. Synchronized cells were treated with 100 μ M CLB for 12 h, and incubated with antibodies against β_2 -AR, and then with a secondary antibody conjugated to Alexa 488 (green). DAPI was used to label the nucleus (blue). Scale bar, 50 μ m. (B) siRNA knockdown of β_2 -AR reverses p27 accumulation. Synchronized cells were transiently transfected with β_2 -AR and control siRNA, and then exposed to 100 μ M CLB for 60 h. Expression of p27 was measured, using GAPDH as loading control. Fold expression change is indicated below blots. (C) β_2 -AR knockdown relieves cell cycle arrest. Synchronized cells were transiently transfected with β_2 -AR and control siRNA, and then exposed to 100 μ M CLB for 60 h, and analyzed by flow cytometry. Data are mean \pm SD (n = 3). *, p < 0.05; ***, p < 0.001.





Abbreviations

CLB: clenbuterol; CREB: cAMP response element-binding protein; β_2 -AR: β_2 -Adrenoceptor; PKA: protein kinase A; cAMP: cyclic AMP; Skp2: S-phase kinase-associated protein 2; BrdU: 5-Bromo-2deoxyUridine; ERK: extracellar signal-regulated protein.

Supplementary Material

Supplementary figures. http://www.ijbs.com/v13p1341s1.pdf

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Author contributions

M.C. designed and performed experiments, analyzed data and wrote the paper; C.L performed experiments, analyzed data and revised the paper; M.W., Y.Z. and K.Z helped performed cell culture experiments; H.W. helped analyze the data. Z.Y., X.L. and W.G. discussed data and revised paper. N.L. participated in the design of the study. Q.M. conceived the study, analyzed the data and wrote the paper. All authors contributed to the final version of the paper.

Competing Interests

The authors have declared that no competing interest exists.

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